Professional Licensing Agency 402 West Washington Street Room W072 Indianapolis, Indiana 46204



Michael R. Pence Governor of Indiana Nicholas W. Rhoad PLA Executive Director

BEHAVIORAL HEALTH AND HUMAN SERVICE LICENSING BOARD LICENSED MENTAL HEALTH COUNSELOR (LMHC) INFORMATION AND INSTRUCTIONS

Before completing and submitting your application to our office, please read all materials and information included.

CONTENTS OF APPLICATION PACKET

Applicants must download the following documents from the Board's Website at: www.pla.in.gov:

- 1. Application for Licensure as a Mental Health Counselor
- 2. Information and Instruction Sheet
- 3. Criminal Background Check Information
- 4. Statutes and Administrative Rules which pertain to the Behavioral Health and Human Service Licensing Board

IPLA ADDRESS/TELEPHONE NUMBER/FAX/EMAIL/WEBSITE

Indiana Professional Licensing Agency 402 West Washington Street, Room W072 Indianapolis, Indiana 46204

 Staff Phone:
 (317) 234-2054

 FAX #
 (317) 233-4236

 Staff Email:
 pla8@pla.IN.gov

 Website:
 www.pla.IN.gov

CRIMINAL BACKGROUND CHECK REQUIRED

An individual applying for a mental health counselor license shall submit to a national criminal history background check at the cost of the individual. Please see the step-by-step directions on how to complete the fingerprinting process in order to process your criminal background check. http://www.in.gov/pla/3241.htm.

Criminal background checks must be obtained after you apply for your mental health counselor license with the Board and prior to the issuance of a license.

THE FAIR INFORMATION PRACTICE ACT

In compliance with Ind. Code 4-1-6, this agency is notifying you that you must provide the requested information or your application will not be processed. You have the right to challenge, correct, or explain information maintained by this agency. The information you provide will become public record. Your examination scores and grade transcripts are confidential except in circumstances where their release is required by law, in which case you will be notified.

MANDATORY DISCLOSURE OF U.S. SOCIAL SECURITY NUMBER

Your social security number is being requested by this state agency in accordance with Ind. Code 4-1-8-1 and Ind. Code 25-1-5-11(a). Disclosure is mandatory, and this record cannot be processed without it.

Failure to disclose your U.S. social security number will result in the denial of your application. Application fees are not refundable.

TRANSCRIPTS, EXAMINATION SCORE REPORTS & STATE VERIFICATIONS MUST BE SENT DIRECTLY FROM EACH ENTITY

The Board will not be able to accept any transcripts, examination score reports, or state verifications directly from the applicant. All transcripts, examination score reports, and state verifications must be sent directly to the Behavioral Health and Human Services Licensing Board from those entities.

EXAMINATION REQUIREMENT

The Board has adopted the National Board for Certified Counselors (NBCC) National Clinical Mental Health Counselor Examination (NCMHCE) to obtain a mental health counselor license. You may use current licensure/certification as a mental health counselor in another state to exempt yourself from taking the examination, provided you took the NCMHCE examination in another state or an equivalent state constructed examination at the same level or higher. The National Counselor Examination (NCE) is not an acceptable examination for mental health counselor licensure.

PLEASE NOTE: If you did not take an examination to receive licensure/certification in the another state at the same level or higher level, you will be required to take the NCMHCE before you will be licensed as a mental health counselor in the State of Indiana. If you have taken the NCMHCE examination, you will only be required to take the Indiana jurisprudence (law) examination.

JURISPRUDENCE EXAMINATION

All endorsement applicants for mental health counselor licensure are required to pass a jurisprudence examination. No applicant is exempt from this requirement.

After the approval of your application by the Board, you will be notified by email that you are eligible to take the jurisprudence examination. Upon notification from the applicant that they are ready to take the jurisprudence examination, the examination and instructions will be emailed to you. You will have fourteen (14) days from the date the email is sent to you with the Jurisprudence Examination and Instructions in order to complete the examination and return the required information to our office.

All applicants applying by endorsement or exemption of examination will be examined on the statutes and rules of Indiana for the Behavioral Health and Human Services Licensing Board. This is a 30 question true-false and multiple-choice examination. Passing criteria is 75%. Statutes and Administrative Rules are available to download at www.pla.IN.gov.

ABANDON APPLICATIONS

If an applicant does not submit all requirements within one (1) year after the date on which the application is filed, the application for licensure is abandoned without any action of the Board. An application submitted subsequent to an abandoned application shall be treated as a new application.

ISSUANCE OF LICENSE

Upon issuance of your license by the Board, you will be sent an email notifying you that your license has been issued. There will be instructions on how to purchase a blue license card to be mailed to you or how to download a free license card for immediate printing.

Ind. Code 25-23.6-4.5-3(a) requires that an individual who is licensed as a mental health counselor shall:

- (1) Display the license or a clear copy of the license at each location where the mental health counselor regularly practices; and
- (2) Includes the words "licensed mental health counselor" or the letters "LMHC" on all promotional material s, including business cards, brochures, stationary, advertisements, and signs that name the individual.

Therefore, you must either download the free license card or purchase a blue license card to post. IPLA staff cannot print license cards to be mailed or for walk-ins to our office.

This service is available on our website at www.in.gov/pla/license.htm.

LICENSE EXPIRATION AND CONTINUING EDUCATION

Mental health counselors licensed in the State of Indiana are required to obtain at least forty (40) hours of continuing education, with at least twenty (20) hours of Category I Continuing Education to include two (2) hours of Category I Ethics Continuing Education, in order to renew their license. A mental health counselor who has been licensed less than twenty-four (24) months will need 20 hours of continuing education with one (1) hour of Category I Ethics continuing education to renew their license. A mental health counselor who has been licensed less than twelve (12) months is not required to obtain continuing education in order to renew their license.

Detailed information regarding the continuing education requirement is available at the Board's website at www.pla.IN.gov or you may contact our office by calling (317) 234-2054 or by email at pla8@pla.IN.gov.

LICENSED MENTAL HEALTH COUNSELOR APPLICATION FOR LICENSURE BY ENDORSEMENT INSTRUCTIONS

All applicants must submit an application and supporting documentation to:

Indiana Professional Licensing Agency
Attn: Behavioral Health and Human Services Licensing Board
402 West Washington Street, Room W072
Indianapolis, Indiana 46204

ALL EDUCATION, EXPERIENCE, SUPERVISION AND EXAMINATION REQUIREMENTS MUST BE MET IN ORDER TO BE GRANTED LICENSURE IN INDIANA. LICENSURE, CERTIFICATION, OR REGISTRATION IN ANOTHER STATE DOES NOT GUARANTEE LICENSURE IN INDIANA

AFFIDAVIT

If you answer "yes" to any of the seven (7) questions on the application, the applicant must explain fully in a signed and notarized affidavit, meaning an explanation or statement of facts and or events, including all related details. Describe the event including location, date and disposition. If you have a malpractice action, provide name(s) of plaintiff(s). Letters from attorneys or insurance companies are not accepted in lieu of your statement; however, they may accompany your affidavit.

If the applicant has been arrested; entered into a prosecutorial diversion or deferment agreement; convicted; pled guilty to or pled nolo contendre to any offense, misdemeanor, or felony in any state, except for minor violation of traffic law resulting in fines, and arrests or convictions that have been expunged by a court, the applicant shall submit a notarized statement detailing all criminal offenses, excluding minor traffic violations. The notarized statement must include the following information:

- (1) The date(s), location(s), court, and cause number.
- (2) The offense, misdemeanor or felony of which the applicant was arrested for, entered into a prosecutorial diversion or deferment agreement; convicted, pled guilty to or pled nolo contendre to.
- (3) The penalty imposed.

Also, included with your notarized statement, you will need to provide copies of any and all court documentation regarding each offense listed.

CRIMINAL BACKGROUND CHECK REQUIRED

All applicants applying for a mental health counselor license shall submit to a national criminal history background check at the cost of the individual. Please see the step-by-step directions on how to complete the fingerprinting process in order to process your criminal background check on the Board's website at http://www.in.gov/pla/3241.htm.

A criminal background check completed prior to the submission of your application for licensure will not be considered valid. If an application is not received by IPLA before scheduling a criminal background check, the applicant will be required to submit to another check resulting in additional fees.

FEE INFORMATION

Applicants must submit a **fifty dollar (\$50.00)** application fee, made payable to the Indiana Professional Licensing Agency. Checks or Money orders are acceptable. **All fees are non-refundable and nontransferable.**

PHOTOGRAPH

Applicants must submit one (1) photograph, approximately 2 x 3 inches, head and shoulders view of the applicant only, black and white or color, of professional quality. No "Polaroid" type photographs, laminated photographs, laminated identification cards or group photographs will be accepted.

EDUCATION

Applicants for a mental health counselor license or mental health counselor associate license must have received a master's or doctor's degree in an area of mental health counseling from an eligible postsecondary educational institution that meets the requirements of the board.

An applicant for a mental health counselor license or mental health counselor associate license must complete the following educational requirements:

- (1) Complete sixty (60) semester hours of graduate course work in counseling that must include either a master's degree that required not less than forty-eight (48) semester hours or a doctor's degree in counseling. The graduate course work must include the following content areas:
 - (A) Human growth and development.
 - (B) Social and cultural foundations of counseling.
 - (C) Helping relationship, including counseling theory and practice.
 - (D) Group dynamics, processes, counseling, and consultation.
 - (E) Lifestyle and career development.
 - (F) Assessment and appraisal of individuals.
 - (G) Research and program evaluation.
 - (H) Professional orientation and ethics.
 - (I) Foundations of mental health counseling.
 - (J) Contextual dimensions of mental health counseling.
 - (K) Knowledge and skills for the practice of mental health counseling and psychotherapy.
 - (L) Clinical instruction.

If you hold a master's degree that required no less than forty eight (48) semester hours, you must also show completion of an additional twelve (12) semester hours of coursework in the area of mental health counseling or a related field to meet the sixty (60) semester hour requirement.

Applicants must submit an official transcript, sent directly to the Board from the college or university, from which you obtained the degree, showing that all requirements for graduation have been met and the date the degree was conferred.

NOTE: Transcripts must be original, official transcripts sent directly to the Board from the university. Copies of transcripts, transcripts issued to applicants, or incomplete (not yet showing your degree has been granted) transcripts are not acceptable.

PRACTICUM, INTERNSHIP, and ADVANCED INTERNSHIP

Applicants must complete not less than one (1) supervised practicum, internship, or field experience in a counseling setting, which must include a minimum of one thousand (1,000) clock hours consisting of one (1) practicum of one hundred (100) hours, one (1) internship of six hundred (600) hours, and one (1) advanced internship of three hundred (300) hours with at least one hundred (100) hours of face to face supervision. This requirement may be met by a supervised practice experience that took place away from an eligible postsecondary educational institution but that is certified by an official of the eligible postsecondary educational institution as being equivalent to a clinical mental health graduate level practicum or internship program at an institution accredited by an accrediting agency approved by the United States Department of Education or the Association of Universities and Colleges of Canada. Verification of practicum, internship, advanced internship and supervision must be received directly from the university verifying the information.

If you do not have an advanced internship, you can combine your practicum and internship to fulfill the 1,000 hour requirement.

CLINICAL EXPERIENCE/SUPERVISION

Applicants must have at least three thousand (3,000) hours of post-graduate clinical experience over a two (2) year period (no less than twenty-one (21) months and no more than forty-eight (48) months). The clinical experience must consist of one hundred (100) hours of face to face supervision under the supervision of a licensed mental health counselor or an equivalent supervisor, as determined by the board. A doctoral internship may be applied toward the supervised work experience requirement. The clinical experience requirement may be met by work performed at or away from the premises of the supervising mental health counselor. The clinical work requirement may not be performed away from the supervising mental health counselor's premises if:

- (1) The work is the independent private practice of mental health counseling; and
- (2) The work is not performed at a place that has the supervision of a licensed mental health counselor or an equivalent supervisor, as determined by the board.

As used in IC 25-23.6-8.5-4, "equivalent supervisor" means an individual who is supervising within their scope of experience and training and is any of the following:

- (1) Licensed as a clinical social worker.
- (2) Licensed as a marriage and family therapist.
- (3) Licensed as a physician who has training in psychiatric medicine.
- (4) Licensed as a psychologist.
- (5) Licensed as a clinical nurse specialist in psychiatric or mental health nursing.
- (6) A mental health professional of equivalent status if the supervision was provided in a state where no regulation exists.

The verification of clinical experience and supervision forms must come directly to our office from the individual(s) verifying the clinical experience and supervision hours. If you completed the required post-graduate supervision under more than one (1) supervisor, each supervisor will need to complete a verification of supervision form.

Applicants that graduated after July 1, 2014 are required to obtain a mental health counselor associate license prior to accruing postgraduate clinical experience hours to count towards future mental health counselor licensure.

VERIFICATION OF LICENSURE

Applicants must provide a Verification of State Licensure/Certification form from each state in which you currently are, or have ever been, licensed, certified or registered in any regulated health profession or occupation. This information must be **sent directly to the Board by the state** that issued the license.

If a state examination was administered, please have the state board attach the examination subjects and scores to the verification of licensure form. The information must be sent by the state or province that issued the license.

The top portion of this form should be completed by the applicant and sent to the appropriate state licensing board for their submission to the Indiana Professional Licensing Agency. The form may be duplicated if necessary. Other jurisdictions may charge a fee to verify licensure. You may wish to contact the state boards prior to your request for verification. You do not need to complete this form if you only hold licensure or certification in the State of Indiana.

VERIFICATION OF EXAMINATION

Applicants must contact the appropriate examination reporting service (for National examinations) or the State Licensing Board (for State constructed examinations) and request that an official score report be sent to the Indiana Professional Licensing Agency.

Any examination other than the NCMHCE will be reviewed by the Board on an individual basis to determine equivalency.

PLEASE NOTE: The NCE is not equivalent to the NCMHCE.

All questions and requests for information about the NCMHCE licensure examination should be directed to:

NBCC Assessment Department 3 Terrace Way; Suite D Greensboro, NC 27403 (336) 547-0607 www.nbcc.org

VERIFICATION OF PRACTICE EXPERIENCE

If you have practiced in another state for three (3) of the last five (5) years, complete **VERIFICATION OF EXPERIENCE FOR LICENSURE AS A MENTAL HEALTH COUNSELOR (LMHC)** to use proof of practice to qualify for exemption from the examination. This form must be completed and submitted with your other application materials. This form may be duplicated as needed. Instructions for completion are found on the form.

TEMPORARY PERMITS

The Board may issue a temporary permit to practice as a licensed mental health counselor to an applicant who submits an additional application fee of \$25.00 for the temporary permit and has a valid license or certificate to practice from another state or is practicing in a state that does not license or certify mental health counselors, but is certified by a national association approved by the board. A temporary permit expires the earlier of:

- (1) The date the individual holding the permit is issued a license;
- (2) The date the Board disapproves the individual's application for licensure. (Disapproval of applications includes failing the required examination.)

NAME CHANGE

An official affidavit indicating any legal name change or a notarized copy of a marriage certificate, divorce decree, social security card or court papers is acceptable if your name differs from that on any of your documents.

LMHC by ENDORSEMENT APPLICATION CHECKLIST

If you are applying for licensure as a mental health counselor (LMHC) by examination, you must complete and submit the following forms.

 Completed application form
One (1) passport quality photograph
 \$50 Application/Issuance Fee (additional \$25.00 for temporary permit)
 Notarized affidavit explaining any "yes" answer on the application
 Criminal History Background Check
 Official Transcript(s) sent directly from the university
Form C – Verification of Graduate Coursework
Form P – Verification of Practicum (100 hours)
Form I – Verification of Internship (600 hours)
Form AI – Verification of Advanced Internship (300 hours)
Form E2 – Verification of Experience (3,000 hours in no less than 2 years)
 Form S2 – Verification of Supervision (100 hours face to face supervision)
 Form EE – Verification of Experience for Exemption of Examination
Official Examination Report for Exemption of Examination
Out of State License Verifications

CRIMINAL BACKGROUND CHECK INSTRUCTIONS

<u>Please wait for the Email notice</u>. Do not submit to a criminal background check until you receive an email notifying you that the board has received your application. A criminal background check (CBC) completed prior to the submission of an application for licensure will not be considered valid. An application is not considered "received" until it is manually entered into the IPLA licensing system by board staff. An email is sent out notifying you that the application is in our system and you are eligible for the CBC. If an application is not received before scheduling a CBC, the applicant will be required to submit to another check resulting in additional fees. As stated, you will receive an email from your board notifying you that you are eligible for the CBC.

<u>Fingerprint rejections may lead to delay.</u> If your fingerprints are rejected two (2) times by the FBI, you will be required to submit a written verification to complete your criminal background check. This written verification process can take up to six (6) weeks or longer to complete once the written verification form is received. Fingerprint rejections occur for different reasons including the prolonged use of hand sanitizer and the wearing of latex gloves. IPLA does not conduct or administer the criminal background checks and cannot assist you with expediting the process.

Applicants who reside out of state, or are physically unable to go to a location to be fingerprinted may use MorphoTrust Card Scan Processing Program. To view step-by-step instructions, please go to http://www.llenrollment.com/state/forms/in/53110e81122f7.pdf.

Follow the simple steps outlined below to complete the fingerprinting process:

- 1. Once you receive the email from the board notifying you that your application has been received, go to http://www.identogo.com and choose Indiana.
- 2. If you do not have access to the internet, you may call MorphoTrust toll-free at (877) 472-6917 to schedule an appointment. If you call, you will be asked for demographic and personal information instead of completing these steps yourself.
- 3. Click on Indiana.
- 4. Click Online Scheduling and choose the language you wish to use for scheduling (English or Spanish).
- 5. Enter your first and last name and click "go".
- 6. Choose your Agency Name Professional Licensing Agency and click "go".
- 7. Choose the correct Applicant Category for your license type and click "go".
- 8. Select the location where you want to be fingerprinted. You may choose a region of the state, by clicking on the map, or entering a zip code to view a list of locations in a specific area. Press "go".
- 9. Click on the words "Click to Schedule" across from the location you want, under the day you wish to be fingerprinted. If you want a date further in the future, click the "Next Week>>" link to display more dates. Once you select the location/date combination, select the time for your appointment and click "go".
- 10. Complete the demographic information page. Required fields are indicated by a red asterisk (*). When complete, click "Send Information".
- 11. Confirm the information by following the on screen directions to make any changes necessary. Once you review and verify the data is correct, click "Send Information".
- 12. Complete your payment process and click "Send Payment Information".
- 13. Print your confirmation page. If you provided an email address, you will receive an email confirmation as well
- 14. Bring one (1) of the following with you to your fingerprinting appointment:
 - valid driver license:
 - valid state issued identification card;

- valid passport;
- student identification card with picture and date of birth (DOB);
- work identification card with picture and DOB; or
- valid alien identification card with picture and DOB.

If you do not have the above identification, you will need **both** a valid birth certificate and a social security card.

- 15. Arrive at the facility at your appointed date and time.
- 16. The enrollment officer at the site will check your ID, verify your information, verify or collect payment, capture your fingerprints, and submit your data. This normally takes less than five minutes.
- 17. You will receive a signed receipt at the end of your fingerprinting session, which can be provided to your agency for proof of fingerprinting, if needed.
- 18. All results will be processed and delivered to the Indiana Professional Licensing Agency. MorphoTrust is never in possession of criminal record data results.